

# WINE TOUR of NORTHERN PORTUGAL

October 5 – October 15, 2017

## Day-by-Day Itinerary

### Oct 05 - Thursday

Depart flight: Toronto – Porto

### Oct 06 – Friday – Porto

Arrival at **Sá Carneiro Airport, Porto**;

Meeting by our guide; Departure to downtown Porto, World Heritage of Humanity, hotel - *check-in*. Free time. Accommodation.

### Oct 07 - Saturday – Porto

9h00 Walking tour through the historical Centre of Porto, including visits to the **Magestic Café, S. Bento Station** and **Sé (Cathedral)**; Go along the **D. Luís Bridge**, for a cable car ride. Continue to Ribeira.

13h00 Lunch (*octopus fillets with bean rice*); One hour **Cruise in the Douro River** in a "Rabelo" boat. Visit a **Porto Wine Cellar**, that includes a wine tasting;

20h00 Free time for Dinner. Accommodation.



### Oct 08 - Sunday – Porto / Sangalhos / Buçaco / Porto

9h00 Departure in direction to **Sangalhos**.

10h30 Visit the **Aliança Underground Museum** that includes the tasting of sparkling wine. Proceed to Mealhada.

13h00 Regional Lunch (*roasted piglet à Bairrada style*). Visit **Mata do Buçaco** – brief visit. Return to Porto.

20h00 Free time for dinner. Accommodation.

*Legacy Travel Services Ltd.*

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### Oct 09 – Monday – Porto / Penafiel / Lousada / Porto

9h00 Departure to Paredes, continue to **Quinta da Aveleda** – visit the park, gardens and vineyards – tasting of wines and cheese. Proceed to **Penafiel**.

13h00 Lunch (*fish and meat dish*). Drive to Felgueiras, proceeding to Airões to visit **Casa do Risco** – crafts of embroidered linen. Return to Felgueiras to visit the **Historic House of Pão-de-Ló** (sponge cake) of **Margaride** – tasting. Continue to **Quinta de Lourosa** in Lousada – visit, wine tasting and snack.

20h00 **Dinner Vinous**. Return to Porto. Accommodation.



### Oct 10 – Tuesday - Porto / Foz

Free day. Accommodation.

### Oct 11 – Wednesday – Amarante / Vila Real / Pinhão / Porto

8h00 Departure to **Amarante** – brief stop. Follow to **Vila Real** continuing through **S. Leonardo de Galafura Belvedere** – stop and interpretation of the view. Proceed in a panoramic tour continuing by the left bank of the

Douro River in direction to **Quinta do Tedo** – visit to the vineyards, mills and wine cellar, followed by Porto wine tasting (two wines will be tasted). Proceed to **Pinhão**.

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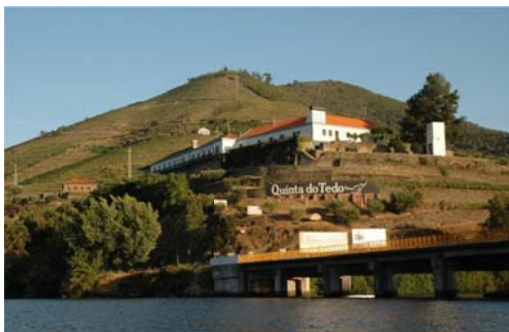
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13h00 Lunch (*codfish with corn bread*). Visit the train station and observe the panels of tiles that decorate the station. Continuation in direction to **Favaios** – visit the **Enoteca da Avesada**. Proceed to Vila Real, returning to Porto.

20h00 Free time for dinner. Accommodation.

### Oct 12 – Thursday - Porto / Ponte de Lima / Monção / Porto

8h30 Drive to **Ponte de Lima**, the oldest village of Portugal – visit the historic Centre. Continue through Ponte da Barca until Arcos de Valdevez – stop and visit.

13h00 Lunch (*barrosã veal roasted in a wood- fired oven*). Proceed to Monção - stop at the **Palace of Brejoeira**, one of the most emblematic sunny and rich houses of the region – visit the interior of the palace, chapel, gardens, forest, ancient wine cellar and vineyard. Continue to **Monção** – visit to the historic Centre. Proceed to Valença & continuing to Porto.

20h00 Free time for dinner. Accommodation.



### Oct 13 – Friday - Porto

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9h00 Walking tour through the historical Centre of Porto, with visits to the **Bolhão Market, Lello Library and Clérigos Tower.**

13h00 Lunch (*roasted lamb*). Departure by bus to **Palácio de Cristal** – visit the gardens. Visit to the **Romantic Museum.** Proceed to **Serralves Foundation** – visit the gardens. Leisure time.

19h30 Departure for dinner (*meat à portuguesa style*); **Fado Night.** Accommodation.

### Oct 14 – Saturday - Porto

Free day. Accommodation.

### Oct 15 - Sunday

Check-out. Transfer to the **Sá Carneiro Airport, Porto.** Flight back to Toronto.

*From the historical point of view it is impossible to affirm with precision the origin of the wine. It is known that its existence is prior to writing and many claim their invention, including the Catholic Church. However, the most distant proof of its existence dates back to Egyptian paintings. The pharaohs used the wine as a gift and even made part of the main social celebrations at the time.*

*Early since, the wine was considered a drink of excellence that had the power to warm the soul and cure all ills. Over the years, wine became accessible to the common mortals and became the drink of the people. In it were drowned the sorrows of a hard life and many gave their lives for it.*

*It is the case of the people of the North of Portugal, where the Douro stands out, that since the early days of the occupation of ancient Douro slopes the oldest demarcated region in the world was built with effort and dedication, and a cultural, evolutionary and live landscape was recognized as World Heritage of Humanity by UNESCO.*

*Our invitation is so that you come and celebrate the existence of the oldest finest drink in the world, in a region that produces some of its best examples. The Porto and Douro wine, Verde wine (wine from a particular region),*

*Alvarinho and Bairrada Wine will always be associated with parties and party is dealt with in this program. And all this comes from Porto, also a **World Heritage site.***

*Enjoy this magnificent program at any time of the year and take advantage of the landscapes we have to show you. Of course the good wines should be accompanied by good meals and surely you will be delighted with the dishes we have prepared.*

**"Life is good, but wine is better". FERNANDO PESSOA**

**IMPORTANT:** minimum 15 participants.

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